



Maldon Hospital Matters

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March, 2009

Board Talk (Clive McCann)

Maldon Hospital has awarded its first Scholarship, the Hospital's 150th anniversary inaugural 2009 Scholarship. The Maldon Hospital Scholarships provide \$2,000 a year for a maximum of three years and assist one new student each year. In order to be eligible the applicant must be from the Maldon region and must be taking a health related course. Applications will be called for in November 2009 for the 2010 Scholarship.

The panel that judged the applications had a most difficult task as the applicants, without exception, impressed the judges by their maturity, their dedication to their chosen courses and their intentions to practice in regional Victoria when they graduate. We are certainly privileged to have such a number of young people living in the area and who are willing to dedicate their lives to helping others. Unfortunately, there was only one Scholarship to present for this year and a difficult decision had to be made.

The Scholarship recipient for this year is Tania Flavell. Tania is starting a Bachelor of Midwifery course as a mature age student and her record of achieving High Distinctions in her introductory subjects indicates her ability to do well in the proposed course. Her background is in health care, she is a qualified mothercraft nurse and has worked in a birthing clinic in the U.S.A. Tania lived in Maldon but has moved to Castlemaine with her husband and young family, although she does say that she still loves Maldon. As part of her busy life, raising a young family with its commitments and travelling to Melbourne each day for her course, she still finds time to sing in a choir in Castlemaine and will be singing at the opening ceremony for the coming Castlemaine State Festival.

The awarding of the Scholarship to Tania is just the start of the relationship we will have with her over the next three years. We expect that apart from the financial assistance we are giving there will also be available to Tania the support from the experience and contacts that are available from the staff and Board of the Hospital.

The Hospital and the Board of Management wish Tania every success in her course, we are proud to help in this small way and the mothers of the region can expect to benefit when she graduates from her course.

You may be wondering when is work going to start on the new Quiet Lounge and After-Hours Entrance - well I am wondering that myself. The Board started discussing the need for these facilities in June 2008 and approached an architect in August 2008. As seems to be the way with architects, we still have not received, after seven months, a set of plans that will allow us to call for tenders. Well it doesn't look like the changes will be ready for the Open Day in August!

HACC Social Support Co-ordinator's Happenings including volunteering (Jenny Parker)

At Tai Chi we've welcomed a new member. Early in the year, our leader Bill was away, and we did our best to run through the form in his absence, with some degree of success. However, we do want him to be free to be away at times, so, we are going to try to record some sessions to DVD from different points of the room. That way, we will have an option if ever he may need to be away... relying on our own memory store or using the DVD.

HAVE YOU SEEN THE AD IN THE LOCAL PAPER "Bridge Players are wanted"? Yep, it's a new activity starting, and its good for you. Some Maldon hospital volunteers are involved with the venture, and we wish the group every success as it becomes established. FANTASTIC!

There is an opportunity for a volunteer driver to be involved with helping with a Thursday night activity group. Please speak to Jenny if you are interested.

POLE WALKING

Pole walking groups have started slowly this year. The weather has not been very suitable. Tuesday morning regulars always line up. The Wednesday group has decided to cancel if and when the local weather forecast for the day says the temperature will be above 33° C. The Thursday group has decided to re-commence in March. The Friday group that operated late last year will re-convene in March also. Four people have recently purchased their own poles, so expect to see more of the strange phenomena of people walking around using Nordic walking poles. It's not going to go away, even if we never find snow!

HACC Social Support Happenings

Last Tuesday we had a top number of attendees at Strength Training. Staff, plus 16 participants were there. Someone said it may have been because we are looking for something 'normal' after the heat wave, the media coverage of the dreadful bushfires and then this week, even a hint of autumn breeze in the air. It may just be seasonal though; there have been a number of new enquiries about Strength training lately.

Monday Club had a trip to see the Golden Age of Couture exhibition on February 2nd. We found that going out to Bendigo was quite strenuous, given that it was during the very hot spell. We came back to Maldon for a much-enjoyed late lunch. The following two weeks we've 'stayed in'. The meals have been fantastic, and we've been enjoying our Mondays. We've started a journal of our comings and goings for the year. Yvette is away for two weeks leave and Sandra is 'filling the gap' again. Thanks Sandra. Before Yvette started leave, we three attended a regional HACC seminar together last week on "Identifying Elder Abuse". Various seminars are offered around the region on various topics to equip us to do our work well.

The last thing I'll mention here is a drive the Baringhup Social group took to Hamilton's crossing on Tuesday. It was very pleasant. We had a thermos, drink supplies and some chairs, and enjoyed going to that picturesque place, even at this time of drought. There are lots of beautiful places to enjoy, not very far from home.

150TH ANNIVERSARY CELEBRATION

As part of our activities planned for the 150th Anniversary, we are looking for the oldest living person who was born at the hospital. If you think you might be that person or you know who it may be, please contact John Fitton - you could win some special Anniversary Wine.

Speaking of the 150th Anniversary wine, don't forget we still have shiraz and chardonnay specially bottled for us by Welshman's Reef to commemorate this special event. There are even etched glasses with the Hospital logo to be purchased as well. The wine is selling for \$12 per bottle or \$120 per dozen and the glasses are \$4.00 each.

In addition to the wine, we also have for sale, some very fine biro pens inscribed with the 150th logo. These are available for \$2.00 each from the Hospital reception area.

FOR INFORMATION REGARDING THE OLDEST HOSPITAL BABY OR ANY OF THE MERCHANDISING, PLEASE CONTACT JOHN FITTON ON 5475 1358.

Next Edition

Articles or items of interest for the next edition should be forwarded to me by Friday, 24th April, either by email (mccann@kayecees.com) or at the Hospital reception desk.

Cheers until next time
Kaye

MALDON HOSPITAL RESIDENT ACTIVITY CALENDER – MARCH 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1. Family and Friends Visit
2. 8:45am Strength training Library Visits	3. 9am 1:1 Visit Administration Day	4. Tai Chi Day Center	5. 9am 1:1 Visits 10:30am Manicure Mt View and Music 2pm Table Games and Trivia	6. 9am 1:1 Visits 10:30am CARPET BOWLS HOSTEL 2pm Happy Hour Times	7. Family and Friends Visit	8. Family and friends Visit
9. 8:45am Strength training Library Visits PUBLIC HOLIDAY LABOR DAY	10. 9am 1:1 Visits 10:30am Cooking Hostel 2pm Reminisce Maldon History Hostel and Jessie Bowe	11. Tai Chi Day Center 2pm Monthly Church Service Hostel	12. 9am 1:1 Visits 10:30am Cooking Jessie Bowe 2pm Bus Outing Mt View and Hostel	13. 9am 1:1 Vists 10:30am Bingo Hostel 2pm Happy Hour Times	14. Family and Friends Visit	15. Family and Friends Visit
16. 8:45am Strength training Library Visits	17. 9am 1:1 Visits Happy St Patricks Day	18. Tai Chi Day Center	19. 9am 1:1 Visit 10:30am Brain Gym Light Exercises and Music Mt View 2pm "Who wants to be a Millionaire" Game Hostel Walking Club	20. 9AM 1:1 Visits 10:30am Concentration Hostel 2pm Happy Hour Times	21. Family and Friends Visit	22. Family and Friends Visit
23. 8:45am Tai Chi Day Center Library Visits	24. 9am 1:1 Visits 10:30am Brain Gym and Light Exercise to Music. Hostel 2pm Maldon Memories and discussion Mt View Lounge	25. Tai Chi Day Center	26. 9am 1:1 Visit 10:30am Manicures Mt View and Music. 2pm "Andre Ruei" Concert DVDs and popcorn. Mt View and Hostel	27. 9am 1:1 Visits 10:30am BINGO Hostel 2pm Happy Hour and Times	28. Family and Friends Visit.	29. Friends and Family Visit
30. 8:45am Tai Chi Library Visits	31. 9am 1:1 Visits 10am Flip Out Pancakes! 10:30am Brain Gym In Room Discussions 2pm Table Games Hostel.					