



Maldon Hospital Matters

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July, 2009

DON's Doings (Jan Hutchinson)

Firstly, please accept my apologies for my tardiness over the past couple of months. Although I received reminders from Kaye, I just did not get myself organised enough to have an article in on time. Hopefully for this June – July edition, I will not have any distractions between now and emailing on to our editor.

Since I last wrote to you, we have had another two unannounced visits from the Aged Care Standards and Accreditation Agency, one for Mountview Home and one for Jessie Bowe House. On both occasions we were found to be compliant in all 44 expected outcomes. During this time we also had a visit from the Food Safety Officer to check that we meet all the required standards in food preparation and storage etc. Yes, we are compliant and those who eat on our premises are not at risk!

I am not going to take away the 150th Celebrations committee's thunder, but I do want to say thank you to them and acknowledge the work and commitment they have made to ensuring the Hospital celebrates its 150th year of operation. First we had a very successful float in the Easter Parade and now they are working diligently on the Open Day and Ball due to be held in August. WELL DONE!!

I hope you all get through the winter months with nothing more than a sniffle, although from the media reports, we can expect that a few nasty bugs might find their way to Maldon. So take care, good hand hygiene, use and dispose of tissues properly and maintain a good, healthy diet.

Be happy and keep smiling.

JanH



Maldon Hospital

150th Anniversary Ball
Saturday, 15th August 2009

Maldon Community Centre
Francis Street, Maldon

Three course dinner
Music by Woodsmen
BYO
7pm til midnight
Gents black tie or lounge suit, ladies
your finest

Tickets \$50 pp. Bookings essential:
Julia 5475 1358 or Kaye 5475 1492

Board Talk (Clive McCann)

There are now only a few weeks to go before the Maldon Hospital celebrates its 150th birthday. The program for the day has been finalised and we will provide that program for you in the next newsletter. We have sent out approximately three hundred invitations for the day, some of those were official invitations, but most were requested from people who have been associated with the Hospital over the years.

The Hospital is being spruced up for its birthday party: the front of the original building has been cleaned with a high pressure water spray and our resident colony of pigeons really love that clean facade; the old chain link fence and concrete slabs outside the day centre have been removed; the timber work and facade of the Jesse Bowe wing are to be repaired and painted; some of the interior areas are to be given a fresh coat of paint; and some of the exterior painted areas affected by damp are to be repaired. Unfortunately, the extensions and alterations that were planned to be completed in time for the day, have not yet been started. But, we are making the Hospital shine for the occasion.

The 150th Anniversary Committee has now been working for twelve months preparing for the occasion: it has organised the day's activities; collected a large number of historic photographs showing the Hospital over the years; prepared a display of memorabilia and historic material; encouraged the students at Maldon Primary School to get involved; and found the oldest living person born at the Hospital and the last person born at the Hospital.

We are looking forward to the big day, so please come along and help us celebrate.

This is also the time of year when the Board of Management changes its composition. George Stolk has retired after many years of valuable service, Barb Ford and Stephen Wright have been re-appointed, and two new members, Gordon Carter and Rhett Walker, have been appointed. Thank you, George, for your service, and welcome Gordon and Rhett. We hope you have and long and rewarding association with the Hospital.

HACC Social Support Co-ordinator's Happenings (Jenny Parker)

SOMETHING DIFFERENT'S GOING ON IN THE DAY ACTIVITIES ROOM

Peter Buckler has worked as the hospital handyman for 10 years. His pleasant nature, good sense of humour and 'solution to everything' skills contribute positively to what Maldon Hospital is.

BUT THERE'S LOTS MORE THAT COULD BE SAID ABOUT PETER...Last year he successfully completed a Juvenile Justice / Mental Health Certificate 4 Course. In relation to that qualification he sometimes works at Saint Lukes as a Youth Worker in residential support.

BUT THERE'S MORE... Peter is a very accomplished artist. From time to time over the years, you may have seen some of his work. When he brought some pieces in to show to the Monday Club, staff and club members were astounded to see just how beautiful and intricate they are.

IF YOU WERE TO ASK PETER WHAT HIS OCCUPATION IS, A TRUE RESPONSE COULD BE "I'M AN ARTIST", BUT HE WOULD BE MORE LIKELY TO SAY..."AN ARTIST, THAT'S WHAT I WANT TO BE!" Yes he has to have other day jobs to keep his head above water, but his art is a big part of who he is.

Peter will be running a Design/Printing Workshop for three weeks in July with a small group. He will instruct participants on the screen-printing process and provide guidance and support throughout the



designing stage. The theme of the artwork will focus on good health and wellbeing. The group will produce a collaborative artwork in celebration of Maldon Hospital's 150th anniversary. We wish Peter success with this project which is intended to enrich those who participate.

MONDAY CLUB:

This week the group divided into three teams and we played Oz Quiz, working our way around Australia. Competition was fierce and in our journal for the day is recorded several quotes from various participants: "They cheated" "The dice was rigged" "We were victimised from the beginning" "Jenny favoured one table and brushed us off". It sounds dreadful doesn't it? The interesting outcome was that as the group left to go home there were lots of comments on what a good day we had together. I agree, IT WAS FUN!

Other things we have done in July include going to the Archibald exhibition, watching the film "Billy Elliott" and also a morning when we talked about things that are important to us. We need people to know what is important to us. That was a good discussion!

POLE WALKING GROUPS ARE IN RECESS FOR SCHOOL HOLIDAYS

ALL OTHER PAGES:

STRENGTH TRAINING, TAI CHI AND BARINGHUP SOCIAL GROUP CONTINUE TO MEET EVERY WEEK.

We have welcomed new participants to Tai Chi and the Baringhup group. Brian has been lighting the fire at Baringhup hall to make it nice and cosy when we arrive. Thanks Brian.

Next Edition

Articles and contributions for the next edition should be emailed to me at mccann@kayecees.com or left at the Hospital reception by Friday, 21st July.

Cheers til next time

Kaye

MALDON HOSPITAL RESIDENT ACTIVITY CALENDER – JULY 2009

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1. 10am Tai Chi Day Club	2. 9:30am 1:1 Visits 10:30am Manicures Mt View 2pm Table Games Hostel and music	3. 9:30am 1:1 Visits 10:30am Bingo Hostel 2pm Happy Hour Hostel TTimes Mt View	4 FRIENDS AND FAMILY VISIT	5. FRIENDS AND FAMILY VISIT
6	7. 9:30am 1:1 Visits 10:30am Brain Gym and Games 2pm Cooking Hostel and Music	8. 10am Tai Chi Day Club	9. 9:30am 1:1 Visits 10:30am Manicures Mt View 2pm Table games Mt View and Music	10. Helen Away	11 FRIENDS AND FAMILY VISIT	12. FRIENDS AND FAMILY VISIT
13. 8:45am Strength training Day Club visit Library Visits	14. Helen Away	15. 10am Tai Chi Day Club 2pm Catholic Services Hostel Everyone is invited.	16. Helen Away	17. Helen Away	18. FRIENDS AND FAMILY VISIT	19. FRIENDS AND FAMILY VISIT
20 8:45am Strength Training Day club Library Visits	21. 9:30am 1:1 Visits 10:30 Students Visit Games with Maldon PS 2pm BookClub and lets talk about Maldon Hostel	22 10am Tai Chi Day Club	23. 9:30am 1:1 Visits 10:30am Maldon Primary School Visit 1:30pm Bus Outing Mt View and Hostel	24. 9:30am 1:1 Visits 10:30am Bingo Hostel 2pm Happy Hour and music and TTimes.	25. FRIENDS AND FAMILY VISIT	26. FRIENDS AND FAMILY VISIT
27. 8:45am Strength Training Day Club Library Visits	28. 9:30am 1:1 Visits 10:30am Bread Baking Mt View 2pm Book Club Lets talk about Maldon.	29. 10am Tai Chi Day Club	30. 9:30am 1:1 Visits 10:30am Quizzes and Exercise Mt View 2pm Movie and Popcorn	31. 9:30am 1:1 Visit 10:30am Carpet Bowls Hostel 2pm Happy Hour and Music TTimes		