



Maldon Hospital Matters

Committed to care since 1859

October, 2009

DON's Doings (Jan Hutchinson)

Hello everyone,

What a month! Anyone who has been up at the Hospital in the last few weeks will have noticed we are well and truly started with the renovations. With the recent rain, I didn't know whether to say thank God or 'darn the rain', however things go on as they should and we will be seeing the benefits of the disruption to our normal day to day routine in the near future.

For anyone who does not know yet, we are creating an after hours entry to the Hospital. This will be where my office was and will mean people will be able to wait in the 'room' until the nursing staff feel comfortable that the person presenting is not a threat in any way to staff, in-patients or residents. With our changing world the nursing staff cannot always be certain that the person presenting at the door (especially after hours) is not there for ulterior motives such as the procurement of drugs, etc. This means that my office has moved down the passage to room 10. So if you come to visit me and my office door is closed, you might be at the wrong door. With me taking room 10, we are building a new bedroom for the hostel so that our number of available beds remains at twelve.

If you happen to go down the Mountview Home passage you will see that the Quiet Lounge has been taken over by nursing staff (and my things from my office until my new office is finished). This is because we are moving more and more to electronic reporting and therefore need more computers which all take up more space. SO we are also building a new Quiet Lounge at the back of Mountview Home with a view of the mountain – appropriate I think!

Where are the chooks I hear you ask! Well, they have been temporarily housed at Fran's place (District Nurse) until the building works are completed and from what I hear they have settled in and producing two eggs a day as payment for their board and lodging.

With the summer fast approaching, I would like to reassure people that the Management team is working in co-operation with the Department of Human Services and CFA on fire prevention and management to ensure we are well prepared and the Hospital has a Bush Fire Safety Plan in place. The plan will include creating a safe barrier around the Hospital and possible action to be taken if the Hospital is under threat. Believe me, from meetings and discussions I have attended so far, this is a huge concern for us and a lot of time and thought will go into our final plan. Let's hope we never have to face it here at Maldon!

Be happy and keep smiling.



JanH

HACC Social Support Co-ordinator's Happenings (Yvette Newton)

Planned Activity Groups and Volunteers News

Well what a shock to the system taking on Jenny's role for 13 weeks..... as one client said "four down, only nine to go!" It's not until you take on her job that you find out what you didn't know, and the myriad of groups, committees and systems she deals with on a week to week basis. Not to mention general enquiries and requests for volunteer assistance, communicating with other networks AND that dreaded computer. PHEW ... she is wonder-woman!

Anyhow all is not lost... Sandra, my capable assistant, has been filling all the gaps and we have enjoyed four weeks of smooth running. Also thank you to Jan, Sharon and Fran, for their on-going patience as I "learn-the-ropes".

Monday Club has been treated to belly dancing, a lovely harp recital by the two Jills, outings to the Castlemaine Art Gallery and The Cumberland Hotel, a trip to Kyneton to see the daffodils, and some 'home' time doing brain teasers and games. On Jenny's last day she, Angela and Jan cooked a fantastic lamb roast with all the trimmings. Our volunteer Yvonne sadly leaves us on 21 Sept to pursue her nursing work. Good luck from us all. Sandra is running the Baringhup group and they have had some reminiscing over old photos and memories. We extend our sympathy to Jean Lake who lost Roy recently.

The strength training groups have experienced large numbers and we continue to challenge balance and muscles as we keep fit. It has been fun to include Jenny's travel updates as she posts them on the internet. Last we heard she was in Bath (England) having a day off riding the bicycle to catch up on 'washing' and rest.

The polewalkers have been busy early Tuesday mornings in Maldon and Fridays in Newstead, and the Castlemaine group don't even take a week off, they benefit so much. Also they love their coffee and 'catch-up' afterwards. Thanks to Leanne for running that group in Jenny's absence.

As always our volunteers are committed and generous with their time. THANKYOU for making my job a bit easier by being available and willing when I call on you. Special thanks to Peter Lovett who has been taking a lot of clients to appointments, as well as transporting on Mondays. We say 'welcome' to two new volunteers: Penny, who is now one of our bus drivers, and Linda who is doing the Hospital "lolly trolley". To ALL our volunteers: YOU ARE INCREDIBLE !!!

We extend our sympathy also to Margaret Fitzpatrick. Frank was a valued volunteer who brought a smile to many faces as he gave of his time and energy to help others.

I hope to see you all at our annual Friends and Neighbours day on the 5th of October.

Keep smiling ... from Yvette

REMINDER: all strength training groups, Tai Chi and polewalking are cancelled during Seniors Week, so that you are free to attend the other great activities on offer.

Next Edition

Any articles or news you wish to have included in the next edition of Maldon Hospital Matters should be emailed to me at mccann@kaycees.com or left at the Hospital reception by 23rd November.

Regards until next time

Kaye

DON'T FORGET!!!

SENIOR CITIZENS WEEK

FRIENDS AND NEIGHBOURS DAY

10.30 AM - MONDAY 5TH OCTOBER 2009

MALDON HOTEL

LUNCH AND TALK

EVERYONE IS WELCOME

TALK TO YVETTE OR SANDRA FOR MORE INFORMATION

5475 2000

MALDON HOSPITAL ACTIVITY CALENDER -OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1. Helen Away	2. Helen Away	3. FAMILY AND FRIENDS VISIT	4. FAMILY AND FRIENDS VISIT
5. Friends and Neighbours Day. Maldon Hotel 10:30am Rego Library Visit SENIORS WEEK	6. 9:30am 1:1 visit 10:30am RESIDENT MEETING, Hostel Flowers delivered 2pm Lets Celebrate Seniors Week!! Afternoon Tea Hostel	7. 10am Tai Chi Day Club 10:30am Bingo, Hostel Dining Room 2pm Music and Sing a long Mt View	8. 9:30am 1:1 Visits 10:30AM Trivia, Hostel. Early Lunch and then off at 1pm to Castlemaine Town Hall for "Jamie Redfern" Concert	9.	10. FAMILY AND FRIENDS VISIT	11. FAMILY AND FRIENDS VISIT
12. 8:45am Strength training Library Visits	13. Helen at Activity Conference	14. 10am Tai Chi Day Club Helen at Activity Conference	15	16. 9:30am 1:1 Visit 10:30am Carpet Bowls, Hostel 2pm Happy Hour TTimes, Mt View	17. FAMILY AND FRIENDS VISIT	18. FAMILY AND FRIENDS VISIT
19. 8:45am Strength training Library Visits	20. 9:30am 1:1 visit 10:30am Exercise and Games, Hostel 12 Noon Senior Citzs Luncheon 2pm Reading in Rooms 1:1s.	21. 10am Tai Chi Day Club.	22. 9:30am 1:1 Visit 10:30am Brain Gym Manicures Mt View.	23. 10:30am BINGO Hostel 2pm Happy Hour and Tarrangower Times Mt View	24. FAMILY AND FRIENDS VISIT	25. FAMILY AND FRIENDS VISIT
26. 8:45am Strength training Library Visits	27. 9:30am 1:1 Visits 10:30am Outdoor Games and Light Exercise, Hostel 2pm Table games, Mt View Lounge	28. 10am Tai Chi Day Club	29 9:30am 1:1 Visits 10:30am Brain Gym Manicures, Mt View 2pm Bus Outing	30. 9:30am 1:1 Visits 10:30am Carpet Bowls, Hostel 2pm Happy Hour and Tarrangower Times	31. FAMILY AND FRIENDS VISIT	