



DON's Doings (Jan Hutchinson)

Hello everyone,

By the time you read this edition of Maldon Matters, you will have heard the sad news of the passing of Toni McGregor. Toni had worked at Maldon Hospital for over 30 years and was well known for her sense of humour, patience, unflappability, sponge cakes, asparagus rolls and all round beautiful self. Toni will be missed by all who have had the pleasure of knowing her and our thoughts and sympathy go out to her family. But something tells me that Toni would not want us grieving her loss - she would be the first to say remember the good times and celebrate the achievements. So we celebrate the life of a very special lady and remember fun and laughter and words of encouragement that we could all rely on when we went into the kitchen at Mountview Home. REST IN PEACE TONI.



Back to basics.... As from 12th April, reception hours at the Hospital will be from 9am until 4pm, Monday to Friday. The hours have been extended due to an increased workload in administrative needs but also in an attempt to better meet the needs of people wanting to pay accounts at the Hospital. Previously anyone coming to pay accounts after 2.30pm would need to find a member of the nursing staff, and as accepting finances is not really in their job description, you may not have received a receipt. Now if monies are brought to the office between 9 and 4, a receipt will be issued.

It was reported at the April Clinical Governance Committee that the Maldon District Nursing service had, for the quarter January to March 2010, travelled a total of 5294 kms and made 947 visits to 59 clients in 414.4 hours.

Until next month,

Be happy and keep smiling.

JanH



BE IN THE PICTURE - VOLUNTEER MUSTER PHOTO SHOOT

ALL Hospital and Day Centre Volunteers.

The Bank wants to buy you breakfast on SUNDAY 2nd May at 8.30 am. The area's volunteers will gather at the Bill Woodfull Oval, and Rob Leeson, Herald Sun photographer, will take the group pic from a cherry picker.

If you have served on a committee, washed the footy jumpers or sold raffle tickets for your club – YOU are a volunteer. Please help make this a big success – you will be home by 9.30am.

For those who absolutely cannot make it on Sunday – an alternative shoot will take place in the gardens near the Rotunda at 8.30 am on SATURDAY 1st May at 8.30am.

This should take 15 minutes as breakfast is not provided

HACC Social Support Co-ordinator's Happenings (Jenny Parker)

VOLUNTEERS

National Volunteer Week coming up 10th – 16th of May

Leading up to this week I hope that all registered hospital volunteers, and also those who lend a hand by informal means, will attend the photo shoot on May 2nd and 'Be in the Picture'.

On **Wednesday 12th May**, I would like any registered volunteer who connects with hospital clients in a transport situation, to attend a workshop on 'Helping to Transport Older People' at the Day Activities Room in Adair Street, commencing at 10.45am. Please plan to attend and **bring your ID badge if it needs to be renewed.**

RSVP to Day Activities Room phone: 5479 8622 or e-mail: dc@maldhosp.vic.gov.au

HEALTH PROMOTION

Pole Walking Groups... are in full swing for this term.

Tuesday at 8.00am from Day Activities Room (Moderate intensity)

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Thursday at 10.00am from Day Activities Room (Moderate – High intensity)

Friday at 8.30am from Newstead oval (Introductory to Low Intensity)

Friday at 10.00am Planned Activity Group Pole Walking (Castlemaine Gardens)

Thanks to Karen Smith (volunteer) who has offered to lead the Thursday group this term.

Training

Donna Watmuff from Alzheimer's Australia Vic. facilitated a fantastic Information workshop 'About Dementia and Services' on 14th April. It was fantastic to attend this very important session. Fourteen people from the community attended and these included some couples where one partner may have been diagnosed with having dementia, some friends of people with dementia, CERT members wanting to be better informed about 'Dementia and Services' and also some hospital volunteers.

Donna was very good at answering questions and letting us know a lot more about this subject. She also indicated she is available for facilitating the establishment of 'Carer Support' groups, providing further training for volunteers as well as for HACC staff. There would seem to be a need for each of these services, so I hope we will see more of Donna and hopefully have her assist in establishing a support group in Maldon.

Next Edition

Contributions for the next edition of Maldon Hospital Matters can be emailed to me at mccann@kayecees.com or left at the Hospital reception by Friday, 21st May.

Cheers until next time, Kaye

MALDON HOSPITAL RESIDENT ACTIVITY CALENDER - MAY 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1. Family and friends visit	2. Family and friends visit
3. 8:45am Strength training Day Centre Library Visits	4. Administration day	5. Tai Chi Day Centre	6. 9am 1:1 Visit 10:30am Cooking Hostel 2pm Bus Ride to see the changing of colours.	7. 9am 1:1 Visit BBQ Set up 12 Noon on Patio. 2pm Happy Hour and Music	8. Family and Friends Visit	9. Family and friends Visit Mothers Day
10. 8:45am Strength training Day Centre Library Visits	11. 9am 1:1 Visit 10:30am Crafts Hostel 2pm Table games Hostel	12. Tai Chi Day Centre 2pm Church Service Uniting Church. Hostel	13. 9am 1:1 Visits 10:30am Manicures NH 2pm Table Games NH Lounge and Music.	14. 9am 1:1 Visit 10:30am "Who wants to be a Millionaire" Hostel 2pm Happy Hour NH	15. Family and Friends Visit	16. Family and Friends Visit
17. 8:45am Strength training Library Visits	18. 9am 1:1 Visit 10:30am Maldon Primary School to Visit. Music Grades 2/3 2pm Outdoor Walks weather permit	19. Tai Chi Day Centre	20. 9am 1:1 Visit 10:30am Mens Group. NH 2pm Music and Memories NH	21. 9am 1:1 Visit 10:30am Bingo Hostel 2pm Happy Hour NH	22. Family and Friends Visit	23. Family and Friends Visit
24. 8:45am Strength training Library Visit	25. 9a m 1:1 Visit 10am Pancakes Hospital Wide 2pm Maldon Memories NH Lounge.	26. Tai Chi Day Centre	27. 9am 1:1 Visits 10:30am Manicures NH Lounge 2pm Bus Ride Outing	28. 9am 1:1 Visit 10:30am Carpet Bowls 2pm Happy Hour NH	29 Family and Friends Visit	30. Family and Friends Visit